

## **DR. DAVID F. ALLEN, M.D., M.P.H.**



- ◆ Trained in medicine at Saint Andrew's University, in Scotland, UK and in Psychiatry and Public Health at Harvard University, in Boston, U.S.A. Certified by the American Board of Psychiatry with Added Qualification in Addiction.
- ◆ Dr. Allen has taught at Harvard, Yale and most recently held a clinical professorship in Psychiatry at Georgetown Medical School, in Washington, U.S.A.
- ◆ Dr. Allen was voted as one of the most outstanding psychiatrists in America, 2002-2003
- ◆ In 1987, Dr. Allen was given the RB Bennett Commonwealth prize, by the Royal Society of Arts in London, for his international contribution in the field of cocaine addiction and treatment.
- ◆ Dr. Allen has pioneered the development of treatment approaches to cocaine addiction in the Bahamas, and Washington D.C.
- ◆ In May 2008 Dr. Allen was made a Distinguished Life Fellow of the American Psychiatric Association.
- ◆ Dr. Allen pioneered the development of Drug treatment for Men and Women at the Gospel Rescue Mission, on 815 5<sup>th</sup> ST NW Washington DC. He now is emeritus director of treatment at Gospel Rescue Ministries.
- ◆ Dr. Allen has consulted and conducted motivational and educational seminars at numerous organizations including the Young Presidents Organization of Washington D.C., The Atlantis hotel, Paradise Island, the Chautauqua Institution in New York, etc.
- ◆ Dr. Allen is the author of numerous books, namely, *Mental Health Evaluation*, *Ethical Issues In Mental Retardation*, *The Caring Physician*, *The Cocaine Crisis*, *Cocaine: The Broken Promise*, *In Search of the Heart*,

*Shattering The Gods Within*, and most recently *Contemplation: Intimacy in a Distant World*. He has published numerous scientific papers on his research field, *The Addictions and Psychological development*. His new book, *Shame the modern Nemesis* is due out in 2010. His First children's book "Pudgy: A Bahamian Parable" came out in June, 2010. 'Shame: The Human Nemesis' released October, 2010.

◆ In 2009, Dr. Allen started an experimental project dealing with the massive fragmentation of family and community from the drug and violent crime epidemic. The project, involving children, teenagers, and their parents, is called 'The Family: People Helping People'. It provides a means of socialization, making it possible to teach communication skills, anger management, revenge elimination, drug prevention, spirituality, virtues (e.g. respect and gratitude) etc.

◆ Dr. Allen has a regular radio program on FM 97.5 Sunday evenings at 7:00pm entitled *Coming Home To Our Heart*.

◆ Dr. Allen also has a television program on JCN Channel 14 Wednesday evenings at 9:00pm entitled *People Helping People*.

◆ Dr. Allen is the Director of the Renaissance Institute in Nassau, and his team of psychotherapists and psychoanalysts cater to an international clientele and specialize in marital therapy, depression, grief and loss, addictions and crisis management.

1. What is one thing you hope people will learn from your presentation?

The difference between living as a victim of dissocialization based on fear and living in the discovery of resocialization based on love

2. What is one thing you would like to happen as a result of this conference?

Recognize the importance of surrendering to live in love